

ABIGAIL'S CARRY-ON

Wondering how to pack your carry-on bag so that you have everything you need for 24 hours before you can get to the rest of your luggage?

That's right! You won't be able to access your luggage under the bus between Wednesday night when we load up in Fort Wayne and Thursday night when we unload at the hotel.

Here's what I pack and why. Some of this you'll want to take with you sight seeing on Thursday (marked by an *). Some of it you'll want to leave on the bus during the day.

When we board the bus, I wear:

- **Jeans**
- **Leggings or Tights**
- **Long Sleeve Shirt**
- **Coat**
- **Boots**



I have in my carry-on:

- **Sweatpants/PJ pants to sleep in** – I change into these at our first rest stop (about 9pm) and toss my jeans into my carry-on bag to be put back on in the AM. I generally wear leggings underneath.
- **Sweatshirt** – Either this year's new one or another one that will eventually layer under it. The bus may or may not be the temperature you want.
- **Extra Pair of Socks** – personal climate control.
- **Small Blanket** – Sleep please! Doubles as a pillow on the bus.
- **My Prescription Meds** – make sure you have these listed on your registration form! If you'd rather have your group chaperone hold on to them, that's fine too.
- **Toiletry Bag (or at least tooth brush, tooth paste and deodorant)** – You'll get a better night's sleep and will feel way more refreshed Thursday morning. Who wants to explore DC feeling like Pig Pen?
- **Scarf, Gloves & Hat*** – to don in the AM.
- **Money*** – Breakfast is the most important meal of the day! And you'll need to buy lunch on Thursday as well, plus any cool DC stuff you find.
- **Fully charged phone & charging cord*** – you may or may not have an outlet near your bus seat!
- **Fully charged auxiliary battery for phone*** – totally optional depending on how much you want to be on your phone Thursday.
- **Small flash light** – helps save your phone battery.
- **Ear Plugs**
- **Headphones**
- **Snacks & Water** - Depending on where you go, snacks may not be allowed and maybe not water.
- **Book** – or something else to do in case you can't sleep.

Questions? Shoot an email to: phoebe@ichooselife.org